

# MDF Cabinets vs. Solid Wood Cabinets

	Medium-Density Fiberboard (MDF) Cabinets	Solid Wood Cabinets
<b>Composition</b>	Wood fibers and resin	Natural wood or lumber
<b>Appearance</b>	Smooth surface, no visible grain	Visible wood grain
<b>Durability</b>	Prone to moisture damage, less structurally sound	Durable and strong when properly finished
<b>Workability</b>	Easy to cut, shape, machine, and paint, but don't anchor screws well	Can be sanded, repainted, or refinished many times
<b>Price</b>	More affordable <b>\$100–\$300 per linear foot</b>	More expensive <b>\$150–\$1,200 per linear foot</b>
<b>Sustainability</b>	Recycles sawdust and wood shavings waste	Less sustainable unless using reclaimed wood