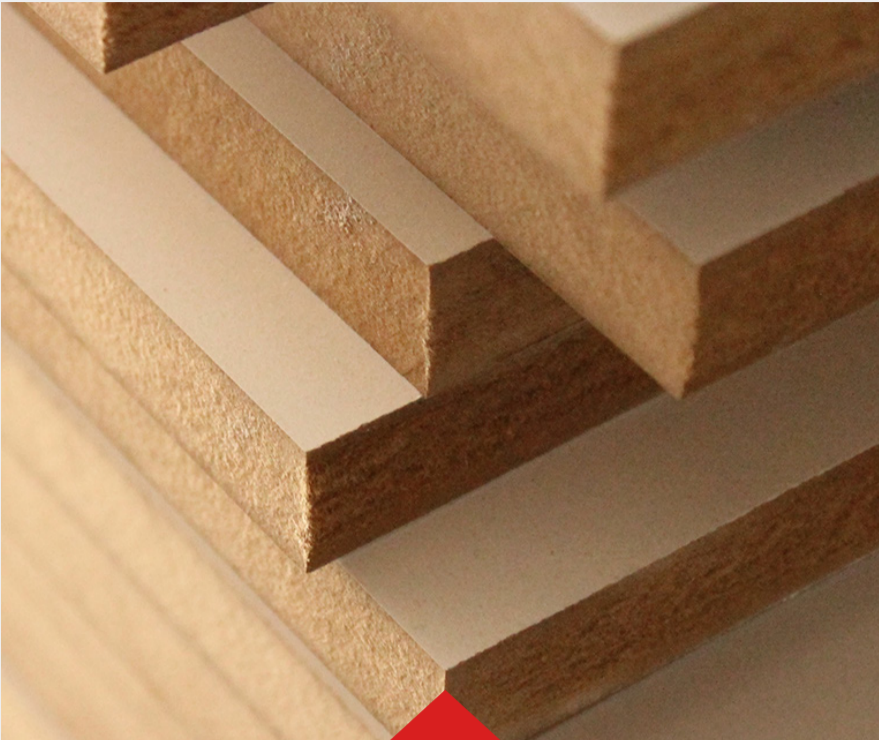


# MDF vs. Plywood Cabinets Guide



## MDF Cabinets

*Engineered wood cabinets made from wood fibers and resin*

## Plywood Cabinets

*Engineered wood cabinets made from thin layers of wood veneer glued together*

Average price:  
\$1,500–\$5,000  
for cabinets



Average price:  
\$2,500–\$8,000  
for cabinets

Smooth surface,  
no visible grain



Visible wood  
grain

Prone to moisture  
damage, less  
structurally sound



More resistant to  
moisture, stronger,  
and more stable

Easy to cut, shape,  
and paint, but doesn't  
anchor screws well



May be more  
difficult to install

Recycles  
sawdust and  
wood shavings



Doesn't cause as  
much deforestation  
as natural wood  
products